**Benefits 101: A Guide to PPO Plans**

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**Confused about what a PPO plan really is? You’re not alone.** Understanding your health insurance options is key to making informed decisions. We’ve broken down PPOs in simple terms—no jargon, just what you need to know. Read the full breakdown in our latest blog post.

**Video**

**PPO or HMO —what’s the difference, and why does it matter?** We’ve simplified the terms so you can easily understand your health plan options.

**Infographic**

Don't let confusing jargon stand between you and the right health plan. We're breaking down what a PPO is—in simple, straightforward terms.

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